



Circle of Security®

PARENTING SERIES

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

This eight week series will help you to:

- Understand your child's emotional world by learning to read emotional needs
 - Support your child's ability to successfully manage emotions
 - Enhance the development of your child's self esteem
 - Honor your innate wisdom and desire for your child to be secure
-

Dates and Times: Thursdays 6-8pm, September 13 - November 1, 2018

Location: Highlands FSC, 1546 Union Valley Road, West Milford, NJ 07480

Presented by: Caitlyn Undreiner, PCD(DONA)

Cost: FREE - Dinner and child care will also be provided.

To Register: Please call Highlands FSC (973)506-6575. Spaces are limited.

Sponsored by:



MONTCLAIR STATE
UNIVERSITY
Center for Autism and
Early Childhood Mental Health

