



There is Hope

Hope for Families of Addicts hosting group meetings in Hewitt

HEWITT - Hope for Families with Addicts is a newly formed support group in Hewitt for family and friends of those suffering from addiction. The message here is: you are not alone.

“We come with shame, anger, confusion, frustration, hopelessness, and drained. We hope over time, we all find a way to cope with our circumstances and learn to live again -- life that will again permit us to live comfortably in spite of our loved ones,” according to a statement from the group.

This group is a fellowship and resource for the families and friends who have known or have a feeling of desperation concerning the destructive behavior of someone they love, whether caused by drugs, alcohol, mental illness or related behavioral problems.

“Hope” is a safe haven. Anonymity is paramount to the success of the program. Everyone attending is known only by their first names.

“We hope to conduct Thursday meetings to provide comfort and information,” said Laura, one of the organizers of the group. “We encourage all to make at least a five meeting commitment; that way you will become comfortable with the meeting format, decide whether and when to take advantage of opportunities to talk about your difficulties, challenges, and successes. In time, we hope you can assist others in this difficult situation.”

And the group points out, addiction and related illnesses are family afflictions that impact the lives of every member of the family. The hope is that in sharing at meetings, all will learn how to stop being part of the problem and become part of the solution. Any concerned person is encouraged to attend, even if there is only a suspicion of a problem.

This fellowship group will gather resources from a variety of respected sources, including Families Anonymous, The National Center for Christian Recovery, the Fuller Institute for Recovery, Lighthouse and others.

Resources for parents of addicted persons are fairly scarce, according to the National Center for Christian Recovery. “It can feel like you are completely alone with this kind of suffering. But you are not alone. Every addict has parents. If there are lots of addicts, that means that there are lots of parents of addicts as well,” according to the center.

“When you attend a Thursday meeting, you are no longer alone,” said Laura, “but among friends who may have experienced similar problems.”

You have nothing to lose but your pain and anger.

Meetings are at 7:30 p.m. on the second and fourth Thursdays of the month at Living Word Church, 93 Lake Shore Drive S, Hewitt.

For more information, call 845-988-7325, 845-988-7658 or email FamilieswithAddicts@gmail.com.

Sidebar: Upcoming meeting topics

Oct. 12 Experience, Strength and Hope for Parents of Addicted Children: What it feels like
Oct. 26 Experience, Strength and Hope for Parents of Addicted Children: What does not work
Nov. 9 Experience, Strength and Hope for Parents of Addicted Children: What helps

Sidebar:

Hope for Families with Addicts

Second and Fourth Thursdays of the month 7:30 p.m.

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